

Vibrant Communities Saint John

A community effort to reduce poverty for individuals and families. Includes strengthening efforts in neighbourhoods, improving access to education, training and employment, and promoting changes to policies such as housing and energy poverty.

Call 693-4422, 130 Broadview Avenue
www.vibrantcommunities.ca

For More Information

Community Information Centre / INFO-line.....helps you find information on other services.

Call INFO-line for further information on services that can assist in career counselling, employment and training services, and other community services. Or visit the online **Community Services Database** at www.saintjohninfo.ca

Call 633-INFO/4636



Makin' it Work !



**Thinking about
school or work?
Resources are available**



Produced by:
Human Development Council and
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Secondary Education, Training and Labour

Find out about:

- ❑ **Computer training at the YMCA-YWCA**
- ❑ **Completing your résumé**
- ❑ **Self-Esteem course**
- ❑ **Childcare supports**
- ❑ **Options for Education and Training**



Makin' it Work !

**For more information on
education, training and
employment services for
adults ... keep reading!**

EDUCATION & TRAINING

Community Adult Learning Program

Helps adults improve reading, writing and math skills, so that they can help kids with homework, prepare to write the GED Tests, take other training, or find a job/better job. In free, small classes from Monday to Friday (flexible with mornings, afternoons or other), you work at your own pace. Located in east, west, north, south, central and Quispamsis.

Contact Catherine Sullivan at 658-6701 or
cath.sullivan@gnb.ca

Learning Disabilities Association

Provides services for individuals with learning disabilities such as dyslexia.

Call 642-4956, email: ldasj@nb.aibn.com

Learning leading to new skills

The Saint John Learning Exchange believes learning is a lifelong process, which can be started at any time. Our classrooms are small, friendly, open and flexible with full or part-time hours. We assist clients along their path to improved reading and writing skills, GED, essential skills, employment, post-secondary education, and self-development skills.

Contact Sheri McAulay at 648-0202
162 Union Street

Leading to GED and Community College

The North End Centre, part of the New Brunswick Community College, offers a GED program and individual academic courses leading to an Adult High School Diploma or the credits needed for entrance to community college. We also have information on all the courses offered at the Community College. Child care is available on-site at the North End Centre.

Contact Kim Brown at 643-7407
84 Rope Walk Road

PRUDE

Provides public Internet access, computer training, employment outreach and educational services for members of the Black and multicultural community.

Call 634-3088, 3rd Floor City Market

READ Saint John

Provides private tutoring for adults to improve their literacy skills.

Call 633-2011, 116 Princess Street

Shop Two-Eleven

A vocational training program that focuses on building carpentry and retail skills for individuals with mental health concerns.

Call 649-2759, 21 Lower Cove Loop

Programs at the YMCA-YWCA

The YMCA-YWCA offers a variety of computer training courses, a Community Adult Learning program to improve reading, writing and numeracy skills.

Contact Marilyn Crawford at 634-4932,
130 Broadview Avenue

Youth Choices

Provides personal, educational and career coaching services for youth.

Call 634-0788, 13 Queen Square

Financial Assistance: *Some education and training programs are free, others have a cost. Financial assistance may be available; check with the provincial departments of Family and Community Services and Post-Secondary Education, Training and Labour.*

The New Brunswick Community College has a list of scholarships and bursaries, call 658-6791.



EMPLOYMENT

Canadian Council on Rehabilitation & Work: Partners for Workplace Inclusion

Provides employment counselling services for people with self-declared disabilities.

Call 635-2272, 213 Charlotte Street

Career Centre

A resource centre offering information for youth and adults on career choices, job preparation and post secondary education.

Call 643-7422,
1490 Hickey Road, Simonds High School

Coverdale Center for Women

Provides employment, training and counselling services to women.

Call 634-1649, 148 Waterloo Street

John Howard Society

Provides employment, training and counselling services.

Call 657-5547, 68 Carleton Street

Open Door Club

Open Door Club offers a work-ordered day for individuals with mental health concerns looking to build skills.

Call 658-3196, 157 Duke Street

Options Employment Outreach

Provides employment related services to individuals with disabilities.

Call 652-3977, 165 Union Street

RésuméLeading to Employment

Looking for employment? Ready to take the next step? Post-Secondary Education, Training and Labour New Brunswick can help. All stages of résumé development. Start today.

Contact Mike Griffin at 643-7532, 1 Agar Place

Saint John Association for Community Living

Offers an employment program to help people with an intellectual disability and multiple barriers to employment develop the skills necessary to find and keep work.

Call 652-1544, 600 Main Street,
Hilyard Place, Suite C203

Saint John Community Loan Fund

Provides loans and financial services to individuals with good business ideas and provides a course on money management.

Call 636-8542, 3rd Floor City Market

The Work Room

Focal point for youth and adults seeking information on career choices, job preparation and post secondary education.

Call 848-6693, 398 Hampton Road, Quispamsis,
Kennebecasis Valley High School

PERSONAL DEVELOPMENT

Planning your next steps ... childcare, transportation and other supports

The New Brunswick Department of Family and Community Services can assist you.

Contact your case manager or
Allan Rolston at 658-5641,
1 Agar Place



POWER-UP (Promotion of Women's Empowerment and Resilience Urban Project)

A program to support and guide low income women to take a decisive next step in life related to employment, training or education, identifying personal assets and increased community involvement.

Call 642-9033,

116 Hazen Avenue, Community Health Centre

Self-Esteem: The Key to Well Being ... believing you can do it.

Join the six week program that assists women in enhancing self-esteem and developing the self-confidence to take the next step towards personal growth.

Contact Susan McKeon at 672-7451,
116 Hazen Avenue, Community Health Centre

INFORMATION AND ACCESS

Access Centres

Provide access to technology-based programs and services through a government-supported community access network. Call for the nearest access centre.

Call 1-877-444-0510, www.cnbb.nb.ca

Libraries

Offer computer access, and computer tutorials. Look for a library branch near you.

Call the main branch 643-7220, Market Square

SIN - Social Insurance Number

You need it to work. You need a birth certificate to get a SIN. Apply at Service Canada for your SIN.

Call 1-800-206-7218, 1 Agar Place